

CARROLL COUNTY COALITION FOR PUBLIC HEALTH

An Initiative of Granite United Way

Aging with Purpose Workgroup Meeting Minutes

Date: Wednesday, September 14th, 2016
Time: 9:00-11:00am
Meeting Leader(s): Emily Benson & Sandy Ruka
Attendees: Emily Benson, C3PH; Bea Davis, Jackson Resident; Wendy Turner Abundant Blessing; Marianne Jackson, Sandy Ruka, Marianne Gill, ServiceLink, Sue Ruka, Memorial Hospital; Michelle Ward, C3PH
Location: Sununu Room at TCCAP in Tamworth

REVIEW COMMON AGENDA & SHARED MEASUREMENTS

- Elder Care Wrap Around, ServiceLink aging groups merging common goals better align what we are all doing by pulling together and working more collaboratively as a County.
- Discussions to include Northern Human Services (Mental Health)
- Abundant Blessing cannot report back to the hospital on how clients are doing without HIPPA signed.
 - Case Management Monthly meeting possibly be created, Elder Wrap Alternate Months of Aging Group. Tom and Marianne to work on.
 - To be discussed further, Marianne Gill to share documents for
- Measurable and Evidence Base Programs
 - Re-admission data is tracked by hospitals and home care, tied into 1115- shared data
 - Reports are from Medicare and all care –can get report 65+?
 - Re-admission related to Falls

REVIEW CURRENT INITIATIVES

CHIP Goal Priority: Improve the preparation, connection and purpose experience by older residents by teaching skills to prevent injuries and improve life-planning conversations with their family and caregivers.

- Advanced Care Directives for employees
 - Workgroup meets monthly-Northern part of County – Sandy Ruka Lead
 - Case Management at Conway Pines Senior Living
 - Outreaching to sites in the community contact Marianne Jackson
 - Working on meeting in Southern part of County
- Nutrition, ie. Senior Meals Programs – no need for workgroup
 - Joy Gagnon – UNH Cooperative Extension - Slow Cooking Program – funding food and crockpots – 50 % low income but will come to your site, school, church

- Exercise and Mobility Programs: ie. Falls/Balance Programs-no workgroup needed
 - Memorial Hospital putting a database of activities in the county fit 75+
 - Huggins Hospital and home health have programs
- Communication/Public Awareness: Being Mortal, other
 - Carroll County Speakers on Aging – Send Emily suggested Speakers on Elder Related topics
- Elder Law – no workgroup needed Marianne Gill can report out
 - ServiceLink would want to be a part of possible group follow up with Tom Bickford & Deb if they have a meeting
- Adult Day Programs – hold will revisit if workgroup is needed
 - Huggins Hospital (MWF 9-3) Jennifer Galinie
 - Gibson have programs, Memorial looking into
- Substance Misuse and Prevention- Jennifer Selfridge, C3PH has Leadership Workgroup
 - Lock up prescriptions, Employee drug testing, Employee Assistance initiatives?
 - Medication following Hospice what to do with unused meds?
- Communication/Public Awareness: Being Mortal, others
- Elder Care Work Force Development
 - MWCC - LNA class for Spring - 1st of Feb for 10 ½ weeks, scholarships available
 - Need to promote the benefits of a career in the field of elder care, collaborate with White Mountain Regional Collaborative on their initiatives, invite a representative from that group to join Aging Workgroup
 - Kennett and Kingwood HOSA program invite a representative or determine what MWRC
- Neighbor Care Programs, Housing options, in depended living- possible workgroup
 - Neighbor to Neighbor call Gibson Center for support
 - GALA Community has volunteers you pay for materials they supply the workforce
 - Button Up Program – Gibson Center
- Housing – workgroup – Emily follow up with Victoria and the Housing Coalition

- Feel free to send all events and/or initiatives you would like shared on through C3PH & Carroll County Round Table social media channels to Michelle Ward at michellew@c3ph.org.

2016-2017 Meeting Schedule: *All meetings take place quarterly on the second Tuesdays at TCCAP in Tamworth from 9-11am unless otherwise indicated*

Dec. 14th, March 15th, June 14th, Sept. 13th, Dec. 13th

SAVE THE DATE: Annual Meeting of Carroll County Roundtable/C3PH PHAC: Tuesday, Dec. 13th 9-12 noon at TCCAP in Tamworth